Instructions BEFORE Cataract Surgery

Start **OFLOXACIN** drops 1 day before surgery. Put 1 drop in your operative eye 4 times a day.

Start **PREDNISOLONE ACETATE 1%** drops 1 day before surgery. Shake the bottle and put 1 drop in your operative eye 4 times a day.

Start **DICLOFENAC** drops 1 day(s) before surgery. Put 1 drop in your operative eye 4 times a day.

Wait 5 minutes between dosing the various eye drops.

Bring the kit and the eye drops with you on the day of surgery.

Do not eat or drink anything on the day of your surgery before coming to the surgery center. Your doctor may instruct you to take some of your medicines with a sip of water.

Instructions AFTER Cataract Surgery

Keep the shield on your eye. We will take the shield off when you come to the office for your post-op visit the day after surgery. It is normal for the eye to be a little red, sore and light-sensitive at first. This gradually improves over the first week. You may use your three drops the night after your surgery and in the morning.

No strenuous activity or heavy lifting for 1 week.

You may resume your normal medications.

Please bring your kit along with the eye drops to your post-op visit the day after surgery.

__________________________

**M. Lourdes Garcia, M.D., Ph.D.**
**Medical & Surgical Eye Specialists, Inc.**

6315 N. Center Drive, Suite 230, Norfolk 757.461.7974
200 Medical Parkway, Suite 209, Chesapeake 757.547.9751